# INSTRUCTIONS FOR USE AQUAROLL® A2S2 SYSTEM



Caution: Aquaroll® is not a medical device and should not be sold or used as such.

# **DISCLAIMER OF WARRANTY AND LIMITATION OF REMEDY**

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# **INDICATIONS**

The Aquaroll® A2S2 system is indicated for:

- carpal tunnel syndrome
- tendinitis, including Achilles tendinitis
- plantar fasciitis
- Duputren's contracture
- wrist synovitis
- overuse syndromes
- post-surgical rehabilitation

- post-fracture rehabilitation
- lymphedema / swelling in hands and feet
- arthritis
- ligament sprains
- muscle strains
- sports recovery
- injury prevention

- joint stiffness / decreased range of motion
- scar tissue reduction
- skin rejuvenation
- complex regional pain syndrome
- hypersensitivity
- general relaxation / well-being

# **CONTRAINDICATIONS**

- Open wounds
- Open fractures
- Skin conditions and/or fungal infection
- Hemophiliacs and/or those on anti-coagulant treatment(s)
- Other skin deficiencies, such as may be caused post-radiation or chemo-therapy

# **DESCRIPTION**

The Aquaroll® A2S2 system is supplied as a self-contained unit containing all requisite plumbing and electrical connections. Glass beads and all optional components that may be purchased independently are supplied non-sterile in a container suitable for general storage.

A standard 220v electrical connection and hot and cold water connections are required.

The system dimensions are:

- 106 cm (height)
- 103.5 cm (depth)
- 69 cm (width)

Rotating Tank with Glass Beads and Water

# **CLEANING & DISINFECTING**

The Aquaroll® A2S2 system and components are supplied non-sterile.

The system must be cleaned in between all client uses and thoroughly cleaned and disinfected at the end of each daily use cycle. Refer to Aquaroll® Care and Cleaning Instructions (90000007) for details on how to care for the unit.

# **NOMENCLATURE**



# STORAGE AND COMPONENT USE INSTRUCTIONS

The Aquaroll® A2S2 system should be stored in a cool dry place away from direct sunlight. Prior to use, inspect the product packaging for any signs of damage, tampering, or contamination. Refer to the Aquaroll® A2S2 Technique Guides for detailed usage instructions (90000004-6) and the Aquaroll® A2S2 Maintenance and Warranty Guide (70000002) for storage, care, and other critical details regarding the system.

### **PRECAUTIONS**

- Ensure the wheels on the Aquaroll® A2S2 system are locked prior to use.
- Immediately suspend use of the Aquaroll® A2S2 system upon any signs of skin or other irritation to the client.
- The Aquaroll® A2S2 system utilizes natural tap and/or purified water. No other types of liquids should be used.
- When utilizing hot water, ensure the temperature never exceeds forty-five (45) degrees Celsius.
- Only place the client's extremity into the tank after rotation has begun.
- Never treat a part of the human body not specifically intended by the Technique Guides (90000013-15). Never treat anyone under the age of thirteen (13). Never treat non-humans.
- Drainage will not be possible if the tank has not stopped rotation fully and come to rest with the arrows aligned. The system should never be powered off to stop rotation in order to drain the tank. Rather, the tank must be gradually slowed / rotated into the correct position utilizing the "Rotation" button.
- Aquaroll® A2S2 sessions should never last longer than thirty (30) minutes. There is a built-in safety feature that will automatically stop
  tank rotation after twenty (20) minutes. No more than three (3) sessions should be performed on a single extremity per day.
- At the end of each treatment session, wait until the rotation of the Aquaroll® unit has stopped completely (which may take a few seconds after the "Rotation" button is pressed to stop rotation) before removing the extremity. Any beads that may be stuck in the fingers / toes should be removed while the extremity is still in the Aquaroll® system.
- When utilizing Aquaroll® in sports and/or healthcare therapeutic settings, always treat each extremity individually.
- Clients should sit for a few moments after foot / ankle treatment prior to walking.
- Never attempt to remove the tank without first unplugging the Aquaroll® A2S2 system.
- Glass beads must be thoroughly rinsed with four (4) liters of water for one minute prior to initial client use of the Aquaroll® A2S2 system.
- Only use glass beads supplied by Aquaroll®, as they are specially designed for full functionality.
- Do not exceed two and a half (2.5) bags of glass beads at one time in the system.
- Never store the Aquaroll® A2S2 system in a location with a temperature below ten (10) degrees Celsius.
- Never allow unattended children or mentally disabled clients around the Aquaroll® A2S2 system, as there is a risk of ingestion of glass beads.
- Failure to replace the glass beads can result in decreased client benefit, due to the loss of uniformity and constancy of the percussive hydro-massage. Such failure can also result in worn-down beads getting stuck inside the drainage and system tubing and can void the warranty.

# **ADVERSE EFFECTS**

Rare but potential complications / adverse events associated with the use of any massage and therapeutic devices include, but are not limited to, the following:

- cerebrovascular accidents
- embolization
- hematoma
- extremity ulcers
- nerve damage
- pulmonary embolism
- various pain syndromes

Note: Aquaroll® A2S2 requires cleaning in between client uses.

Note: Aquaroll® A2S2 requires cleaning and disinfecting after the final daily client use session.

Caution: Re-using Aquaroll® A2S2 without cleaning and/or disinfecting, as recommended, may result in an increased risk of infection.

# For usage and client treatment instructions, refer to the Aquaroll® A2S2 Technique Guides 90000004-6

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